



GLUTEN FREE MENU

Starters

Caprese €8.00

Fresh mozzarella di bufala, tomato slices, herb oil, rucola & drizzled with balsamic glaze

Garlic Mushrooms €6.90

Pan fried mushrooms tossed in garlic butter & olive oil

Meat & Poultry

Fillet of Beef [300g] €24.00

Prime fillet of beef, charcoal grilled to your liking

Ribeye of Beef [300g] €25.00

Fresh Black Angus Ribeye of beef, charcoal grilled to your liking

**Beef Tagliata [400g]* €24.00

Charcoal grilled Black Angus grain fed flap meat, served with cherry tomatoes, rucola, grana padano cheese shavings.

** Duck Breast* €18.50

Duck breast infused in berry tea, garamasala & soy sauce, served with a raspberry sauce & mashed potatoes

Chicken Fillet €17.00

Charcoal grilled chicken breast marinated in Cajun Seasoning & served with garlic mushrooms

Meats & Poultry are served with Mashed Potatoes & Salad

** Served with one side order.*

Salads

Parma ham & Bufala Salad €11.50

Mixed lettuce tossed in vinaigrette, cherry tomatoes, cucumbers, Parma ham, Fresh mozzarella di bufala, rucola & drizzled with balsamic glaze

Chicken Caesar Salad €12.00

Mixed lettuce tossed in our homemade caesar's dressing, grilled chicken breast marinated in cajun spice, tomatoes, parmesan shavings, bacon & cherry tomatoes

Greek Salad €11.00

Mixed lettuce tossed in vinaigrette, feta cheese, cucumbers, green peppers, cherry tomatoes & black olives

Tuna Salad €10.00

Mixed lettuce tossed in vinaigrette, cherry tomatoes, onions, capers, black olives, cucumbers, tuna & lemon

Roast Salmon Salad €12.50

Mixed lettuce tossed in vinaigrette, cherry tomatoes, cucumbers, oven baked fresh salmon fillet, lemon & drizzled with balsamic glaze

Grilled Veggie Salad €11.50

Mixed lettuce tossed in vinaigrette, grilled marrows, eggplant, bell peppers, cherry tomatoes & drizzled with balsamic glaze





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Fish

Pesce Spada €18.90

Oven baked swordfish, marinated in lemon, olive oil, garlic & fresh herbs

Salmone €18.50

Oven baked salmon fillet cooked in olive oil, garlic & fresh herbs

Cozze €16.00

Black shell mussels cooked with white wine, garlic, onions, fresh herbs & cherry tomatoes

Fritti di mare €27.00

A selection of seafood such as king prawns, black shell mussels, octopus and vongole, cooked in white wine, cherry tomatoes, garlic & fresh herbs

Polipo Fritto €19.80

Octopus cooked in red wine, garlic, onions, cherry tomatoes, black olives & fresh herbs

Fish are served with Mashed Potatoes & Salad

Pasta

Penne Aglio, olio e Peperoncino €8.90

Onions, garlic, chilli, black olives, cherry tomatoes & topped with rucola

Penne al Pollo €10.90

Chicken breast, onions, garlic, bacon, blue cheese, white wine & a touch of cream

Penne al Salmone €11.20

Onions, garlic, smoked salmon, sundried tomatoes, spinach & a touch of cream

Penne al Mare Bianco €12.80

Mixed seafood cooked in white wine, olive oil, garlic, cherry tomatoes & fresh garden herbs

Penne alle Vongole €11.20

Brown vongole in shell, cooked in white wine, cherry tomatoes, garlic, fresh herbs & a touch of chilli

